



March-ing Forward!

March is an aptly named month, don't you think? We march towards warmer weather, longer days (don't forget daylight savings time begins on March 11!), and springtime.

March is also Multiple Sclerosis Awareness Month. A service monkey can assist someone with tasks that seem simple, but can be life changing to someone with a mobility-limiting illness such as MS. In December, Helping Hands and our monkey helper recipient, Corinne Peters were featured in [Neurology Now Magazine](#). It is not often that we are featured in medical journals, and were thrilled that our work may be seen by medical providers that can connect us with future recipients. Helping Hands was also recently featured in the podcast, [Real Talk MS](#), which you can read about below.

As always, we thank you for your support of our program. Without you, we would not be able to continue to pair our service monkeys with these incredible recipients.

Do you know someone who might benefit from having a service monkey? [Connect us!](#)



Send an e-Card

St. Patrick's Day and Easter are just around the corner. Did you know that we have e-Cards? What could be better than getting a monkey in your mailbox! You create joy and share our mission when you send an e-Card from Helping Hands. It's fun and it's free! And we don't capture your email or your friend's email either! This is simply a fun place for you to visit when you want to help celebrate a special occasion.

(Of course, if you want to make a [donation in honor or memory](#) of a special person or pet while you are sending a card, we can help with that, too.)

Monkey Helpers on Real Talk MS!

Angela Lett and Alison Payne joined host Jon Strum for a conversation about Monkey Helpers on the podcast [Real Talk MS](#) last week. In each episode, Jon highlights resources and information for people and families living with MS. Like you, he believes in the power that our monkey helpers have to change lives and wanted to promote our services to the people and families who listen to his show.

We hope you enjoy this [podcast](#)! Skip ahead to about 9:20 to listen to the Helping Hands portion of the show.



March is MS Awareness Month

Did you know that more than 400,000 people in the United States and about 2.5 million people around the world have MS? And about 200 new cases are diagnosed each week. And we know that the support of loved ones, care partners, and organizations such as Helping Hands are important to their quality of life. That is why we join the [The Multiple Sclerosis Association of America \(MSAA\)](#) and the [National Multiple Sclerosis Society](#) in recognizing March as MS Awareness Month.

While Helping Hands was initially founded to help those with spinal cord injury, we now pair our monkey helpers with people who have many different mobility limiting issues, including Multiple Sclerosis. In fact, about 40% of our recipients are living with paralysis due to conditions other than spinal cord injury. And thanks to you, we are able to provide them with their service monkey at no cost.

Blooper of the Month

Helping Hands monkeys are great at learning and performing tasks, but not always great at posing for pictures!

Be sure to follow us on [Facebook](#), [Twitter](#), and [Instagram](#) to be a part of the fun and make your voice heard: vote for the image that will be featured in next month's blooper section!

Thanks for voting! Peanut butter always wins with our service monkeys!



CFC #11196

